

LINDA BLUESTEIN, M.D.

✉ bluesteinlinda@gmail.com
☎ +1 (715) 600-1722
🌐 www.WisconsinIntegrativePainSpecialists.org
f www.facebook.com/WisconsinIntegrativePainSpecialists

EDUCATION

Mayo Graduate School of Medicine Anesthesiology Residency	Rochester, Minnesota July 1991 – June 1994
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Mayo Graduate School of Medicine Internal Medicine Internship	Rochester, Minnesota July 1990 – June 1991
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University of California, Los Angeles School of Medicine Doctor of Medicine	Los Angeles, California September 1986 – June 1990
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University of California, Irvine Bachelor of Science	Irvine, California October 1983 – June 1986
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LICENSURE AND CERTIFICATION

- Performing Arts Medicine
- Board Certified, American Board of Anesthesiology
- Pediatric Advanced Life Support and Advanced Cardiovascular Life Support
- Neonatal Resuscitation Program Certification
- Diplomate, National Board of Medical Examiners, July 1991
- Wisconsin Medical License, Active since June 1996

HONORS

Chief Resident, Department of Anesthesiology, Mayo Clinic
Phi Beta Kappa, University of California
Magna Cum Laude, University of California

PROFESSIONAL EXPERIENCE

Wisconsin Integrative Pain Specialists <i>Pain Management Physician and Founder</i>	Wausau, Wisconsin November 2017 – present
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Medical College of Wisconsin, Central Wisconsin <i>Assistant Professor of Anesthesiology</i> <i>Course Director, Healer's Art Program</i>	Wausau, Wisconsin September 2016 – present
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Aurora Medical Center <i>Anesthesiologist – Locum Tenens</i>	Oshkosh, Wisconsin September 2013 – December 2015
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Wheaten Franciscan Healthcare <i>Anesthesiologist – Locum Tenens</i>	Milwaukee, Wisconsin October 2014
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Agnesian Health, Saint Agnes Hospital
Anesthesiologist – Locum Tenens

Fond du Lac, Wisconsin
November 2011 – June 2014

Aurora Medical Center
Anesthesiologist – Locum Tenens

Kenosha, Wisconsin
April 2013 – July 2013

Monroe Clinic
Anesthesiologist – Locum Tenens

Monroe, Wisconsin
February 2013 – July 2014

Bellin Health, Bellin Anesthesia Associates
Anesthesiologist – Locum Tenens

Green Bay, Wisconsin and Oconto, Wisconsin
September 2012 – April 2013

Dean Health, Saint Mary's Janesville
Anesthesiologist – Locum Tenens

Janesville, Wisconsin
April 2012 – September 2014

Central Wisconsin Anesthesiology
Staff Anesthesiologist for Aspirus Wausau Hospital

Wausau, Wisconsin
July 1996 – September 2010

Community Memorial Hospital
Staff Anesthesiologist

Winona, Minnesota
July 1994 – June 1996

Practical Reviews in Anesthesiology
Expert Reviewer

July 1995 – June 1996

VOLUNTEER EXPERIENCE

The Hypermobility Happy Hour Podcast
Co-host

Wausau, Wisconsin
May 2019 - present

The Dance Health Alliance of Canada
Member, Resources Committee

Toronto, Ontario Canada
October 2018 - present

EDS Wellness
Medical Advisory Board, Member
Director of Education

Baltimore, Maryland
August 2017 – present
May 2018 – present

EDS Wisconsin
Medical Consultant

Rhineland, Wisconsin
April 2017 – present

Chronic Pain Partners
Medical Consultant

Cleveland, Ohio
April 2017 – present

PUBLICATIONS

- Bluestein LS. Pain Management in Patients with Hypermobility Disorders: Frequently Missed Causes of Chronic Pain. Topics in Pain Management 2017; 32 (12); 1-10.
- Bluestein, LS, Stinson, LW, Lennon RL et al. Can J Anaesth (1996) 43:925-931.
- Ziser A, Sorenson EJ, Bluestein LS, Ronan KP. Letter to the editor: Epidural injection of aztreonam. Canadian Journal of Anesthesiology 1994; 41:553.
- Bluestein LS, Stinson LW, Wilson RM, Lenon RL. Evaluation of 51W89 for endotracheal intubation in patients anesthetized with propofol and nitrous oxide. Anesthesiology 1993; 79:S920.

- Stinson LW, Bluestein LS, Brown DL, Lenon RL. Ankle block – two skin puncture technique. *Anesth Analg* 1993; 76:S418.
- Nordestgaard AG, Stapleford LA (Bluestein), Worthen N, et al. Contemporary management of amebic liver abscess. *The American Surgeon* 1992; 58:315

PRESENTATIONS

- Hypermobility disorders in the dancer – What does the dance scientist need to know? IADMS 29th Annual Conference. Montreal, Canada. October 2019.
- Let's talk about opioids and pain. Presented to the ADRC of Portage County. Stevens Point, Wisconsin. October 2019.
- Persistent Pain: What works? What doesn't? Presented to EDS Wisconsin. Oshkosh, Wisconsin. August 2019.
- Management of hypermobility disorders in the dancer with an emphasis on opioid alternatives. 37th Annual International PAMA Symposium. Los Angeles, California. June 2019.
- EDS: The invisible medical condition. Lead EDS Leadership Conference. Mason, Ohio. May 2019.
- Stabilizing the mast cell to relieve pain and focal dystonia. Second Annual MCAS Workshop. Broomfield, Colorado. April 2019.
- Management of persistent pain in the athlete with an emphasis on opioid alternatives. 31st Annual Sports Medicine Symposium, Milwaukee, Wisconsin. March 2019.
- Utilizing nutritional supplementation to stabilize the mast cell, relieving pain and focal dystonia; a case report. Poster at the 16th Annual Scripps Supplements Conference. San Diego, California. January 2019.
- Let's Talk About Pain Medicines. Wisconsin Health Literacy. Stevens Point, Wisconsin. December 2018.
- Stabilizing the mast cell to relieve pain and focal dystonia. Poster at the Global Pain Clinician Summit 2018. Academy of Integrative Pain Management. Boston, Massachusetts. November 2018.
- Pain 101: Why we hurt and what to do about it. Partners of WHA Convention, Stevens Point, Wisconsin, October 2018.
- What every dancer and dance educator needs to know about hypermobility disorders. Healthy Dancer Canada 10th Anniversary Conference, Toronto, Canada, September 2018.
- Joint mobility and longevity for the dancer. Presented to Lauridsen Ballet School. Torrance, California. August 2018.
- Hypermobility in Dance: Asset AND Liability. Presented to Wausau Academy of Dance. Wausau, Wisconsin July 2018.
- The hypermobile dancer and other at-risk communities. Presented to EDS Wellness. Online webinar. July 2018.
- Using functional medicine to treat EDS and related disorders. Presented to EDS Wisconsin. Milwaukee, Wisconsin. April 2018.
- The hypermobile dancer and other at-risk communities. Presented to EDS Wellness. Online webinar. January 2018.
- Mobility for the dancer with a focus on longevity. Presented to the Milwaukee Ballet School. Milwaukee, Wisconsin. June 2017.
- Five tips for managing persistent pain. Sponsored by EDS Wisconsin, Inc. Wausau, Wisconsin. May 2017.
- The Drug Abuse Epidemic: You can make a difference. Featured Speaker. University of Wisconsin Stevens Point, Center for the Small City. The Small City Drug Abuse Epidemic, Stevens Point, Wisconsin. April 2017.
- Evaluation of 51W89, a new neuromuscular blocking agent, for endotracheal in patients anesthetized with propofol and nitrous oxide. American Society of Anesthesiology Annual Meeting, Washington DC, October 1993.
- Ankle block – two skin puncture technique. Poster and scientific exhibit at the International Anesthesia Research Society, 67th Congress, San Diego, California, March 1993.

MEMBERSHIPS

International Association for Dance Medicine and Science
The Dance Health Alliance of Canada
Performing Arts Medicine Association
Academy of Integrative Health and Medicine
Academy of Integrative Pain Management
American Society of Anesthesiologists
Professional Member – Hypermobility Syndromes Association

PERSONAL

Birthplace	Torrance, California
Marital Status	Married with two children
Hobbies	Ballet, cooking, physical fitness
Additional Interests	Dance Medicine Hypermobility Disorders Tarlov Cyst Adhesive Arachnoiditis Integrative Pain Management Patient Education and Wellness Physician Wellness